

Type of Incident

*Leg Injury*

**Summary:**

An employee was involved in a lifting activity during his working shift. As he transported a metal plate (10KG) from a workbench to a pallet he felt a slight pain in his thigh, but managed to finish his working shift without any issues. The following day, the employee experienced further discomfort and visited a doctor which resulted in needing a couple of days rest.

No pictures

**Root Causes:**

- Inadequate risk assessment
- Inadequate procedure
- Position of the pallet in relation to the workbench

**Actions Taken Thus Far: Next Steps**

- Review risk assessment and procedure
- Review position of pallet and workbench
- Consider engineering methods to lift metal plates such as magnets